

INTROSPECTION (English)

Original music "Mamma mia che vo sape" with Italian lyrics by E.Nutile
New music version with English lyrics by Sylvia & Sergey Nirmalite

Largo ♩=50

F Dm D7 Gm

(With our A - tte-ntion In -side_____ We see-e our de-lu-sions
(for chorus)

6

F C7

___ See the cause of our mi - stakes See the cause of our pro - blems And then we can make a good de-

10

F Fm

ci - i - sion!) (OM) 1.I am wa - lking on the
2.But the MIND does not fo
3.Light of Love works throu-gh

16 G° Fm Bbm C7

edge Be-tween cliffs so steep and tall In this Who-ole U - ni - verse
rgive Te-nding to ca - pri - ciou - sness Be - e - co-ming so di - sturbed
us Wo-orks by PA-RAM CHA-ITA NYA When Shri Ni-rma-la reigns a - lways

21 Fm

I am in - fi - ni-tely ve - ry small! (M - M)
Wi - ith thou-oughts a-and su - ffe - ring! (M - M)
In our A - tte - ntion a-and in our heart! (A - HA)

27 G° Fm

Pu-lling me is SU-PER - E - GO In - to ma - ya to a - byss
Pu - ure Lo-oveis De - tached Wi-tho - ut a - ny e - xpe - cta - tions
O - oh E - nergy of Love Breeze of Love PA-RAM CHAI-TA - NYA

31 Bbm C7 Fm

I back in -to Rock of E - GO Two-o o - o - bsta-a - cles wi - thin!
No - o cause for in - ju - ry Fo-or si - ckness a - a - and fru - stra - tions!
Your Vi-bra-tions flow through us All Pe-rva ding. E - ne - rgy CHAI - TA - NYA!

37

G°

C7

(In right hand brain My Su - per - e - go In left hand brain
 (Pure Love with - out any e - xpe - cta - tion And no - o cause
 (Shri Ni - rma - la Pa - ram Cha - ita - nya You're All Pe rva - ding

44

Fm

G°

— Rock of my E - go!) Breeze of Love from Shri Ma - ta - ji
 — for fru - u - stra - tion!) But in love that is A - ttached
 — God's Power of Love!) You are the Di - vine Re - source

49

Fm

Bbm

C7

— From the One Who gives me Light Pu - ure Kno - wledge of Vi - bra - tions And good
 — Co - omes pain and wea - ri - ness E - nter to - rment and an - guish In which
 — You cre - ate the U - ni - verse You - u ge - ne - rate the Flow Of Tra -

54

Fm

by - ye i - i - lu - sions night! (M - M) Breeze of Love will di - sa
 all Joy a - and Love di - sa - ppear! (M - M) You will pass a - cross this
 nsfo - rming Bree - eze Ho - ly Ghost! (A - HA) You su - stain us for all

60 G° Fm Bbm C7

pppear_____ If we are not in ba - lance_____ E - go ca - rries us a - way_____ If we
 pain_____ Cross i - llu - sions o - of sa - dness. Waits In - side you Love Di - vine_____ And with
 time_____ You - u heal us and fo rgive_____ Give the last of us the chance_____ To re - co -

66 Fm G°

thi - ink_ a - a - bout re - venge!_____ (Our Mo - o - ther_____ can no - ot help_____
 o - out clo - uds i - nner gla - dness!_____ (Waits In - side you_____ Di - vi - ine Love_____
 gnize You as A - DI SHA KTI!_____ (You give the chance_____ To re - cog nize You

74 C7 Fm

— If we are lost_____ in o - ur E - go!)_____ E - go to - rments and de -
 — Wi - tho - ut clo - uds_____ Joy in - ner Gla dness!)_____ Wa - aits Bli - iss a - and
 — As In - ca rna - tion_____ A - DI SHA KTI!)_____ Thi - is Truth can be a -

80 G° Fm Bbm C7

mands_____ Cre - ates ra - ges and a - larms_____ Mo - ther sees and kee - eps si - lent_____
 Peace_____ Joy of Love's E - te - rnal Way_____ Yo - ur Spi - rit you a - chi - eve_____
 ckno wledged_____ And e - xpre - ssed with - out fear_____ You're our o - own De - ar Mo - ther_____

85

Fm

— When She see - es_ o - ur dis - ba - lance! (M - M)
 — Da-wning In - side_ you a Ne - ew Day! (M - M)
 — In this Wo orld_ no-o one more Dear! (A - HA)

91

G°

Fm

Bo dy ho - ows soul la - ments. And we do not fi-nd rest
 O-nly God's PA-RAM CHA-ITA - NYA Re-moves to-rment a-and pain
 You - u live in - side our hearts. And a - wa - ken o - ur A - tma

95

G \flat

Fm

C 7

F

— The Vi - bra-tions of Di - vine A - ba-ndon us and pass a - way!
 — No more here the hea - vy cross. Here the Ho - ly Go - ddes Hands!
 — We so Love the Peace of God. And fo-rgive the E - go Bondage!

101

— Leave the - e Past be - hind Let the - e Fu - ture wait
 — To Di - vine Hands su-rre- nder All yo - ur fears and wo - rries
 — You give us Peace in - side Co - o - o - mfort and Gla - dness

106

C7

F

— Spi - rit in the Pre - sent fills our lives _____ Next in gla-dness we - e feel each day! _____
 — You will live and Love all peo - o - ple _____ And a - wa - ken the - ir Spi - i - rit! _____
 — You - u give us warmth in wi - i - nter _____ A - and coo - ol breeze in su - u - mmer! _____

110

— When your A - tte-ntion's in- side _____ Glo - ry of God you find _____ And fo - rge - et the i -
 — Saint Mo- ther in your heart _____ Now you u feel this moment _____ You a - chi - eve yo - ur
 — You give us Power for li - ving _____ Give pro - o - te - ction always _____ You - u teach us to fo -

115

C7

F

Dm

de - e - eas _____ Of your o - u - te - er glo - o - ries! _____ E - v'ry - y mo - ment re - me - mber!
 A - tma state _____ Now in do - ubt - less a - wa - are ness! _____ Fo - rgi - ving a - and Lo ving!
 rgive and Love _____ You de - fe - end and su - sta - ain us! _____ We keep in - side A - tte - ntion!

120

D7

Gm

F

— Keep your A - tte-ntion in- side _____ Find in - side you Ho - ly Ghost! Find in - side you Pre - sence
 — Your Spi - rit Spa - rking Light _____ You - u find Thy Light In - side! You - u find Thy Love In
 — Feel E - vo - lu - tion Way! _____ Feel in - side us Love of God! Feel in - side us Pre sence

124 C7 F Bbm (Finale short)

God! Find in-side you Co-smic Love of Go - o - od! Yes!
 side! And in Light of Love we save the Pla - a - nets!
 God! Feel in-side us O-mni - pre - sent Go - o - od!

130 F C7 F Bbm (Finale long)

Yes! A - lmi-ghty God! E-te-rnal Go-o - od! Yes!

138 F C7 F

Yes! Feel in-side us O-mni-Pre - sent Go - o - od!

145 Bbm Fm C7 F

Yes! Yes! A - lmi-ghty God! E-te-rnal Go-o - od!