

INTROSPECTION (English)

Original music "Mamma mia che vo sape" with Italian lyrics by E.Nutile
New music version with English lyrics by Sylvia & Sergey Nirmalite

Largo ♩=50

E

C#m

C#7

F#m

(With our A - tte-ntion In -side _____ We see-e our de-lu-sions
(for chorus)

6

E

B7

— See the cause of our mi - stakes See the cause of our pro - blems And then we can make a good de -

10

E

Em

ci - i - sion!) (OM)

1.I am wa - lking on the
2.But the MIND does not fo
3.Light of Love works throu-gh

16 F#° Em Am B7

edge Be-tween cliffs so steep and tall In this Who-ole U - ni - verse
 rgive Te-nding to ca - pri - ciou - sness Be - e - co-ming so di - sturbed
 us Wo-orks by PA-RAM CHA-ITA- NYA When Shri Ni-rma-la reigns a - lways

21 Em

I am in - fi - ni-tely ve - ry small! (M - M)
 Wi - ith thou-oughts a-and su - ffe - ring! (M - M)
 In our A - tte - ntion a-and in our heart! (A - HA)

27 F#° Em

Pu-lling me is SU-PER - E - GO In - to ma - ya to a - byss
 Pu - ure Lo-ove is De tached Wi-tho - ut a - ny e - xpe - cta - tions
 O - oh E - ne rgy of Love Breeze of Love PA-RAM CHAI - TA - NYA

31 Am B7 Em

I back in - to Rock of E - GO Two-o o-o - bsta-a-cles wi - thin!
 No - o cause for in - ju - ry Fo-or si-ckness a - a - and fru - stra - tions!
 Your Vi-bra-tions flow through us All Pe-rva ding E-ne rgy CHAI - TA - NYA!

37

F#°

B7

(In right hand brain My Su - per - e - go In left hand brain
 (Pure Love with - out any e - xpe - cta - tion And no - o cause
 (Shri Ni - rma - la Pa - ram Cha - ita - nya You're All Pe rva - ding.

44

Em

F#°

Rock of my E - go! Breeze of Love from Shri Ma - ta - ji
 for fru - u - stra - tion! But in love that is A - ttached
 God's Power of Love! You are the Di - vine Re - source

49

Em

Am

B7

From the One Who gives me Light Pu - ure Kno - wledge of Vi - bra - tions And good
 Co - omes pain and wea - ri - ness E - nter to - rment and an - guish In which
 You cre - ate the U - ni - verse You - u ge - ne - rate the Flow Of Tra -

54

Em

by - ye i - i - lu - sions night! (M - M) Breeze of Love will di - sa
 all Joy a - and Love di - sa - ppear! (M - M) You will pass a - cross this
 nsfo - rming Bree - ze Ho - ly Ghost! (A - HA) You su - stain us for all

60 F#° Em Am B7

pppear_____ If we are not in ba - lance_____ E - go ca - rries us a - way_____
 pain_____ Cross i - llu - sions o - of sa - dness_____ Waits In - side you Love Di - vine_____
 time_____ You - u heal us and fo - rgive_____ Give the last of us the chance_____

65 Em

_____ If we thi - ink_ a - a - bout re - venge!_____ (Our Mo - o - ther_____
 _____ And with - o - out_ clo - uds i - nner gla - dness!_____ (Waits In - side you_____
 _____ To re - co - gnize You_ as A - DI SHA KTI!_____ (You give the chance_____

72 F#° B7 Em

_____ can no - ot help_____ If we are lost_____ in o - ur E - go!)_____
 _____ Di - vi - ine Love_____ Wi - tho - ut clo - uds_____ Joy in - ner Gla - dness!)_____
 _____ To re - co - gnize You_____ As In - ca rna - tion_____ A - DI SHA KTI!)_____

79 F#° Em

E - go to - rments and de - mands_____ Cre - ates ra - ges and a - larms_____
 Wa - aits Bli - iss a - and Peace_____ Joy of Love's E - te - rnal Way_____
 Thi - is Truth can be a - ckno - wledged_____ And e - xpre - ssed with - out fear_____

83 Am B⁷ Em

— Mo - ther sees and kee-eps si - lent When She see - es o - ur dis - ba - lance!
 — Yo - ur Spi - rit you a - chi - eve Da - wning In - side you a Ne - ew Day!
 — You're our o - own De - ar Mo - ther In this Wo rld no - o one more Dear!

89 F^o

— (M - M) Bo - dy ho - owls soul la - ments And we do not fi - ind
 — (M - M) O - nly God's PA - RAM CHA - ITA - NYA Re - moves to - rment a - and
 — (A - HA) You - u live in - side our hearts And a - wa - ken o - ur

94 Em F Em B⁷

rest The Vi - bra - tions of Di - vine A - ba - ndon us and pass a -
 pain No more here the hea - vy cross Here the Ho - ly Go d - dess
 A - tma We so Love the Peace of God And fo - rgive the E - go

100 E

way! Leave the - e Past be - hind Let the - e Fu - ture wait
 Hands! To Di - vine Hands su - rre - nder All yo - ur fears and wo - rries
 Bondage! You give us Peace in - side Co - o - o - mfort and Gla dness

106 B⁷ E

— Spi - rit in the Pre - sent fills our lives _____ Next in gla-dness we - e feel each day! _____
 — You will live and Love all peo - o - ple _____ And a - wa - ken the - ir Spi - i - rit! _____
 — You - u give us warmth in wi - i - nter _____ A - and coo - ol breeze in su - u - mmer! _____

110

— When your A - tte - ntion's in - side _____ Glo - ry of God you find _____ And fo - rge - et the i -
 — Saint Mo - ther in your heart _____ Now you - u feel this moment _____ You a - chi - eve yo - ur
 — You give us Power for li - ving _____ Give pro - o - te - ction always _____ You - u teach us to fo

115 B⁷ E C^{#m}

de - e - eas _____ Of your o - u - te - er glo - o - ries! _____ E - v'ry - y mo - ment re - me - mber!
 A - tma state _____ Now in do - ubt - less a - wa - re - ness! _____ Fo - rgi - ving a - and Lo ving!
 rgive and Love _____ You de - fe - end and su - sta - ain us! _____ We keep in - side A - tte ntion!

120 C^{#7} F^{#m} E

— Keep your A - tte - ntion in - side _____ Find in - side you Ho - ly Ghost! Find in - side you Pre - sence
 — Your Spi - rit Spa - rkling Light _____ You - u find Thy Light In - side! You - u find Thy Love In -
 — Feel E - vo - lu - tion Way! _____ Feel in - side us Love of God! Feel in - side us Pre sence

124

B7

E

Am

(Finale short)

God! Find in-side you Co-smic Love of Go - o - od! Yes!
 side! And in Light of Love we save the Pla - a - nets!
 God! Feel in-side us O-mni - pre - sent Go - o - od!

130

E

B7

E

Am

(Finale long)

Yes! A - lmi-ghty God! E-te-rnal Go-o - od! Yes!

138

E

B7

E

Yes! Feel in-side us O-mni-Pre - sent Go - o - od!

145

Am

Em

B7

E

Yes! Yes! A - lmi-ghty God! E-te-rnal Go-o - od!